



July 2022

*"If you don't like something, change it. If you can't change it, change the way you think about it" – Mary Engelbreit*

I have lived long enough to understand that just because I am unhappy with or dislike something, it doesn't mean I always have the influence to change it. There are a few character traits that I don't quite appreciate in the people that I love, but as the saying goes "love covers a multitude of sins". Oh, how much time I have wasted thinking I could change people!

The foolishness of it all is that I struggle to even change some of the things that I don't even like about me.

Life became so much more fun for me when I started being intentional about minding my own business and focusing on the positive character traits that made me choose to love the people in my life. While we chase after the mark of perfection, I think we are also aware that this is not possible – the world is broken and made of broken people.

I have learned to show people more grace, including myself.

I am slowly accepting the truth that everyone out there is fighting some kind of battle, that they are doing their best with whatever resources they currently have. This shift in perspective has been so liberating – I highly recommend it!

Be and Stay Blessed Always!

